

December 1, 2023

Hi HR/iPloy OPC,

I am writing to formally resign from my position as Senior Team Lead, effective immediately today. It is with deep regret that I must make this decision due to personal and health reasons. As you may be aware, I have been living with Asthma since childhood, and stress has always been a triggering factor for my condition. Unfortunately, the stress levels in both my personal and work life have reached an unsustainable point, which has resulted in several hospitalizations over the past years.

Diagnoses such as Asthma, Pneumonia and GERD have all been linked to the consistent presence of stress in my life. Recently, the mounting pressures from various aspects have caused a significant decline in my well-being, and I fear that the situation may worsen if I do not take immediate action.

Throughout my 6-year tenure at iPloy, I have regarded the company as my second family. I am grateful for the opportunities I have had to contribute my skills and dedication, and I take pride in the work I have accomplished during my time here. Despite the recent changes that have occurred within the company, I remain positive, satisfied and happy with the impact I have made. Knowing that my contributions have positively influenced the lives of both colleagues and clients helps alleviate the sadness associated with my departure.

I want to express my heartfelt gratitude to everyone I have collaborated with on the management, HR, Accounting, IT and Operations. Your guidance and support have made a significant difference in my professional growth. While I understand that an immediate resignation may not be the ideal course of action, I firmly believe it is the best decision for my well-being. I wish to avoid adding any further absences that could potentially tarnish my reputation, as I have always been known for being meticulous with my attendance.

Lastly, I want to extend my appreciation to the individuals who have assisted and inspired me throughout my time at the company. The lessons I have learned from this journey will forever be ingrained in my professional and personal development. I would also like to offer my best wishes to the company and its owners, Ben and Jay, for continued success and prosperity.

Thank you for understanding the difficult nature of this decision.


Richie R. Reyes
ID #: 312