

Alex Clark Plania
0410 Sitio Baca, Apas
Cebu City
6000

February 20, 2024

Karen Lubay
Authorization Department
iPloy OPC
9th floor ACCT Bohol Ave.
Cebu City
6000

Dear TL Karen Lubay,

I hope this letter finds you well. It is with a heavy heart that I am writing to formally resign from my position at iPloy, effective February 20th.

I have thoroughly enjoyed my time working here. However, due to personal circumstances related to my mental health, I find it necessary to take a step back and prioritize my well-being. Despite my best efforts, I haven't seen the progress in my mental health that I had hoped for. Throughout my time here, I have encountered challenges due to the lack of proper training and support. Unfortunately, this has taken a toll on my mental well-being, impacting my ability to perform at my best. Despite my efforts to seek guidance, the persistent lack of resources and training has left me feeling overwhelmed and stressed. and I believe this decision is in the best interest of both myself and the company.

I value the opportunities and experiences gained during my tenure at iPloy, but I must prioritize my mental health and well-being. I hope that the company can address these issues to create a healthier work environment for future employees. I would like to apologize for not providing the expected notice. I must leave the company immediately effective on February 20, 2024.

Thank you.
Sincerely,



Alex Clark Plania