

# Charmaine Y. Manatad, PTRP

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## Career Objective

Dedicated and determined Physical Therapist seeking a position, which will require me to expand my practical experience and utilize my education and training, as well as my interpersonal skills.

## Personal Information

**Name** : Charmaine Y. Manatad  
**Birthday** : December 17, 1993  
**Sex** : Female  
**Civil Status** : Single  
**Place of Birth** : Tacloban City, Leyte  
**Religion** : Roman Catholic  
**Languages Spoken** : Cebuano, English, and Tagalog

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## Educational Attainment

### **Tertiary Education:**

2010 – 2016 College Level  
Bachelor of Science in Physical Therapy  
Cebu Doctors' University  
1 Dr. P. V. Larrazabal Jr. Ave., North Reclamation, Mandaue City

### **Secondary Education:**

2006 – 2010 Secondary Level  
Saint Louis College of Mandaue  
Maguikay, Mandaue City

### **Primary Education:**

2003– 2006 Primary Level  
Mandaue Christian School  
Alang-Alang, Mandaue City

2000-2003 Asian Learning Center  
Pajo, Lapu-Lapu City

## **Work Experience**

### **Cebu Doctors' University (*Physical Therapy Intern*)**

Attended from May 2015 – May 2016 (12 months)

Assigned to work with pediatric and adult patients of various neurological, musculoskeletal, and orthopedic cases around the Philippines.

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- Mandaue Rehabilitation Center (*May 2015 & May 2016*)
- Children and Adults in a Multitude of Play Therapy Center (*Dec 2015 & April 2016*)
- North General Hospital (*March 2016*)
- CAMP Lapu Lapu Station Hospital (*February 2016*)
- Divine Word Hospital (*January 2016*)
- Mactan Doctors' Hospital (*November 2015*)
- Chong Hua Hospital Rehabmedics (*September 2015*)
- Silliman University Medical Center (*August 2015*)
- Cebu Doctors' University (*July 2015*)
- Stimulation and Therapeutic Activity Center (*June 2015*)

### **Mandaue City Health Office - Mandaue Rehabilitation Center (*Licensed Physical Therapist*)**

Attended from March 2017- June 2018 SK

Worked as a licensed Physiotherapist who handles both pediatric and adult patients with various neuromuscular and musculoskeletal cases such as stroke, post-operation management, low back pain, fracture and degenerative arthritis

### **Cognizant Technology Solutions Philippines Inc (*Process Executive*)**

Attended June 2018 – July 2019

Worked as a Process Executive in a health insurance account. Handled inbound and outbound calls to assist with members eligibility and benefit inquiry.

### **51 Talk English International Limited (*Home-Based e-Educator*)**

Attended August 2019 – January 2020

Worked as a Home-based e-Educator who taught English to Chinese learners online. Evaluated the learner's performance and provided corrective feedback.

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## **Seminars / Workshops attended**

- Clinical Practice Guidelines for Low Back Disorders (2015)
- Clinical Practice Guidelines for Stroke (2015)
- Kinesiotaping Workshop (2015)
- Pilates Workshop (2015)
- Red Cross Training Program (2015)
- Post CABG Physical Therapy (2015)
- 2<sup>nd</sup> Asia-Oceanian Congress for Neurorehabilitation (2017)

- Attitude Development in the Clinics (2017)
  - First MAAYO Wellness Movement Regional Conference (2018)
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### **Skills**

- Computer literate (has basic command in word processing and powerpoint presentation)
- Able to work accurately and pays attention to details
- Can quickly grasp new concepts
- Can easily adapt to new environment
- Good social and communication skills

### **Character References**

**Aljim S. Bontilao, PTRP**  
Chief Physical Therapist  
Mandaue City Health Office  
09233845792

**Chryisia S. Guaves, PTRP**  
Physical Therapist  
09956611457

**Shaun May Servan, PTRP**  
Physical Therapist  
09272086596