# STEFFI NICOLE M. LIM, RPm

Villa Bonita Subdv. Jugan, Consolacion, Ccbu limsteffinicole@gmail.com 09567423750

#### PERSONAL INFORMATION

Birthdate:

November 25, 1998

Age:

22 years old

Citizenship:

Filipino Female

Gender:

Roman Catholic

Religion: **Civil Status:** 

Single

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2019 - ULWAN

### **EDUCATIONAL BACKGROUND**

**Tertiary** 

University of San Carlos - Talamban Campus

Nasipit, Talamban, Cebu City

Bachelor of Science in Psychology

2015-2019

Secondary

Saint Louis College-Cebu

134 M.D Echavez St. Sudlon, Maguikay, Mandaue City

2011-2015

Primary

San Narciso School

M. Pepito St, Poblacion, Consolacion, Cebu 6001

2005-2011

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#### EXTRA-CURRICULAR INVOLVEMENT

**Psychology Society** 

Member

Since June 2015

Community Extension Services Committee

Member

Since June 2018

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Training Committee Member

Year 2015 & 2017

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#### TRAININGS / SEMINARS ATTENDED

1<sup>st</sup> Psychology Research Congress University of San Carlos Nasipit, Talamban, Cebu City

Date of attendance: 27 March 2017

1st USC Industrial-Organizational Psychology Forum University of San Carlos Nasipit, Talamban, Cebu City

Date of attendance: 15 September

2017

2<sup>nd</sup> Psychology Research Congress University of San Carlos Nasipit, Talamban, Cebu City

Date of attendance: 24 March 2018

Trauma Healing

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 11 May, 2018

Positive Psychology

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 18 May, 2018

Psychological First Aid

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 30 May 2018

Understanding Anxiety and Managing It

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 8 June 2018

**Body Language** 

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 13 June 2018

Psychology of Lying

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 20 June 2018

Road to RPm

University of San Carlos

Nasipit, Talamban, Cebu City

Date of attendance: 22 June 2018

Job Application Preparation

University of San Carlos Nasipit, Talamban, Cebu City Date of attendance: 27 June 2018

#### SEMINARS CONDUCTED/ ORGANIZED

Sacred Heart School - Ateneo de Cebu: C.A.T Teambuilding and Time-Management Seminar

Sacred Heart School- Ateneo de Cebu Campus

H. Abellana Street, Canduman, Mandaue City

Road to Rpm (host)

University of San Carlos

Nasipit, Talamban, Cebu City

Psychology of Lying (host)

University of San Carlos

Nasipit, Talamban, Cebu City

Affinity: A Carolinian Welcome

University of San Carlos

(Downtown Campus & Talamban Campus)

USC Youth Day 2019

University of San Carlos

(Talamban Campus)

Leadership Training Seminar

Maria Montessori International School

Brgy. Talamban, Kauswagan Road, Cebu City

Leadership Training Seminar

GT Northeast Academy

Gemelina St., Bayan ng Liloan, 6002 Cebu

#### WORK EXPERIENCE

#### Maria Montessori International School (Talamban Campus)

Purok 5, Brgy Talamban, Kauswagan Road, Cebu City, 6000 Cebu

Guidance Office Intern

August-October 2018

#### PAGES HOLDINGS INC.

Pages Holdings Inc., Gov. M. Cuenco Ave, Cebu City, 6000 Cebu

HR Intern

February-March 2019

## STRENGTHS/TRAITS & SKILLS

- Efficient in communicating well in written and verbal
- Exceptionally organized and has good time management skills
- Collaborative team member
- Ability to work under-pressure
- Willingness to learn

### **TECHNICAL SKILLS**

Language and level: Literate in American English

Literate in Filipino

Computer Skills: Proficient in Microsoft Office (Word, Excel, PowerPoint)

Proficient in Statistical Package for Social Sciences (SPSS)

#### REFERENCES

#### Chilou Benitez, RPm

Professor/Psychology Department

University of San Carlos

09268416452

clbenitez@usc.edu.ph

# Juvelyn Loremas Bargayo

Internship Supervisor

Maria Montessori International School

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Teleperformance

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